



### Why Has Speed Boosters and Grizzlies Baseball Academy Teamed Up?

Speed never goes into a slump. However, you can't steal first base. The combination of in-season conditioning with skill acquisition training is necessary to develop the entire baseball player. Exercises must look like baseball and feel like baseball, otherwise, performance will not be enhanced. Speed Boosters is also equipped for any sport. They are your source for that “competitive edge” that you have been searching for.

**Geof D. Manzo, MS, ATC**

*Certified Athletic Trainer*

Center for Orthopedic Surgery and Sports Medicine

Professional Therapy Services

Gateway Grizzlies

Althoff Catholic High School

A handwritten signature in black ink that reads 'Geof D. Manzo' with 'MS, ATC' written in smaller letters to the right of the name. A horizontal line is drawn underneath the signature.